

#Wear Red And Give

Did you know that in the U.S., cardiovascular diseases kill approximately one woman every 80 seconds?

The good news is that 80 percent of cardiac events may be prevented with education and lifestyle changes. Together, we can prevent heart disease and stroke.

Take action and make a personal commitment for your heart health at GoRedForWomen.org.



Go Red For Women is nationally sponsored by



TARA ROBINSON
Fort Worth, Texas

Why I Wear Red And Give:

"So a daughter or son won't have to go a day without their mother due to a heart attack!"